



Vegetarianism and Veganism: Current Situation in Turkey in the Light of Examples in the World

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Abstract

Vegetarianism can be described as a form of nutrition that, in its most general terms, completely eliminates certain foods. The last point that vegetarians come up with is veganism, refusing to use animal-based clothing and all other by-products, and the world's vegan population is gradually increasing. Studies to meet the growing demand of vegetarian and vegan populations is the basis of this work. In this study, firstly the concepts of vegetarianism and veganism were examined in depth and then the vegetarian and vegan industries were tried to be analyzed by comparing the current situation in Turkey with the examples in the world. This study was carried out in order to reveal the current situation of vegetarianism and veganism in Turkey and to prepare the groundwork for further studies.

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