



## Level of Participation of Teachers in Recreation Activities, Leisure Satisfaction, Life Satisfaction, Performance Relationship

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### Abstract

This study aims to identify how and which recreational activities teachers working in education and training institutions evaluate their leisure time, whether there is a relationship between the activities they participate in and their leisure satisfaction, life satisfaction, and job performance. It is also to determine the effect of leisure satisfaction on life satisfaction, life satisfaction on performance, and leisure satisfaction on performance. In line with this purpose, 1901 teachers working in the center of Amasya province constitute were chosen as the population of the study. According to the sample calculation, the survey application is sufficient for 320 people, and the analysis was conducted using 600 surveys. According to the findings of the research; It was found that leisure satisfaction varies according to gender, age, professional year, and the number of children, life satisfaction varies according to gender, and performance varies according to gender and age. Social satisfaction, physiological and aesthetic satisfaction, which are sub-dimensions of leisure satisfaction, have been found to positively affect life satisfaction. It was determined that psychological satisfaction and physiological satisfaction, which are sub-dimensions of leisure satisfaction, affect performance positively, and life satisfaction has also positive effects on performance.

### Article Type

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